

Boulder Local Businesses

Grocery Stores

- □ Whole Foods
- □ Natural Grocers
- □ King Soopers
- Trader Joe's
- Nude Foods
- Costco

Restaurants (good for whole food options)

- □ <u>Thrive</u>
- Elower Child
- Just BE Kitchen
- Leaf Vegetarian Restaurant
- D Zeal
- Salt
- Modern Market Eatery
- Blackbelly Market
- Myco Cafe

Rest/Relaxation

- Isolate: Float/Cold Plunge/Sauna Place
- $\hfill\square$ There are many massage and reflexology options all over Boulder